



Wendy Bramham Therapy

Counselling, Psychotherapy & Complementary Health
Newbury & Marlborough

www.wendybramham.co.uk

The Relational Challenges of Love & Sexuality in the Consulting Room

Paul Renn

Saturday, 29th April 2017, 10 am - 1 pm
St Nicolas' Hall, West Mills, Newbury, RG14 5HG

Introduction

This seminar will explore the sexual and idealised attraction between therapist and client from a relationship standpoint. Paul Renn will draw on developmental theory as well as drawing on clinical “moments” & case discussion to explore the relational and ethical challenges of love and sexuality in the consulting room.

Paul will give a talk in three sections:

1. Modern developmental theory regarding sexuality
 - demystification of psychoanalytic thinking
 - relational and attachment perspectives; regulation of affect
 - integrating love and desire, attachment and sexuality
2. Love and Sexuality in the Consulting Room
 - different forms of love within the therapeutic relationship
 - difficulties of enactments
 - the contentious issue of therapist self-disclosure
 - factors that may cause boundary-crossing
3. Moments of Meeting - A clinical vignette
 - the importance of playfulness whilst maintaining boundaries
 - selective self-disclosure to create meaningful and authentic emotional connections with clients, which can feel risky

There will be plenty of time for questions, answers and discussion.

Biography - Paul Renn

Paul Renn is a UKCP accredited relational psychoanalytic psychotherapist and author in private practice in London. He is a training therapist and supervisor and latterly trained at The Centre for Attachment-based Psychoanalytic Psychotherapy, now renamed The Bowlby centre. He is the author of a number of book chapters and journal articles published in the UK, and the author of *The Silent past and the Invisible Present*.



Paul Renn

This seminar will be suitable for all talking therapists and related health professionals (incl those in training).
“Early bird” price before 29th March 2017: £45, or after: £55. Includes refreshments but not lunch or parking.

Venue: St Nic's Hall, West Mills, Newbury RG14 5HG

TO BOOK: www.wendybramham.co.uk (seminars tab)

Contact: seminars@wendybramham.co.uk or phone 07464 783446

